


# MAINS

## MONDAY

Pork Sausages in Gravy  
with Creamed Potatoes, served with  
Sliced Carrots & Garden Peas

Lentil & Sweet Potato Curry   
with Brown Rice & Naan Bread  
served with Cucumber, Tomato Salad  
and Raita Dip

## TUESDAY

Oven Baked Lasagne  
with Garlic Bread served  
with Mixed Salad

Plantbased Frankfurter Hotdog   
with Potato Wedges  
served with Sweetcorn  
& Sliced Greenbeans

## WEDNESDAY

Roast Chicken Fillet with Stuffing  
& Roast Potatoes  
served with Broccoli Florets  
and Sliced Carrots

Plantbased Mezze Meatballs   
with Peppers, Onions & Pasta Spirals  
served with Broccoli Florets  
and Sliced Carrots


## THURSDAY

Margarita or Pepperoni Pizza Slice  
with Spicy Potato Wedges  
served with Mixed Vegetables

Plantbased Seitan Turkey   
Sweet Chilli Wrap  
with Spicy Potato Wedges  
served with Mixed Vegetables

## FRIDAY

Battered Haddock  
with Healthy Oven Chips  
served with Garden Peas  
or Baked Beans

Macaroni Cheese with Crusty bread   
served with Fresh mixed Salad



# DESSERTS

## MONDAY

Fresh Fruit Salad  
Frozen Mango Yogurt  
Yogurt

## TUESDAY

Fresh Fruit Salad  
Creamed Rice Pudding with Fruit Coulis  
Yogurt

## WEDNESDAY

Fresh Fruit Salad  
Chocolate Coconut Crunch  
Yogurt

## THURSDAY

Fresh Fruit Salad  
Ice Cream Arctic Roll  
Yogurt

## FRIDAY

Fresh Fruit Salad  
Lemon Crunch Biscuit  
Yogurt

# AVAILABLE DAILY

Fresh Salad Bar  
Jacket Potato served with a choice of toppings  
Pasta King served with a choice of  
Meat and Vegetarian Sauces  
Fresh Fruit Salad  
Selection of Topped Yogurts  
Selection of Bread

# MAINS

## MONDAY

Mild Chicken Korma  
with Wholemeal Rice & Naan Bread  
served with Cucumber, Tomato Salad  
and Raita Dip

Cheese & Tomato Panini   
served with Fresh Mixed Salad

## TUESDAY

Chicken Goujons with BBQ Sauce  
in a Soft Tortilla Wrap  
served with Wedges & Fresh Mixed Salad

Quorn & Vegetable Bolognese   
with Wholemeal Pasta Spirals

## WEDNESDAY

Roast Pork with Gravy,  
Yorkshire pudding & Creamed Potatoes  
served with Broccoli Florets  
and Sliced Carrots

Plantbased Cheesy Bolognese Lasagne   
with French Stick  
served with Chunky Crunch Side Salad

## THURSDAY

Margarita or Pepperoni Pizza Slice  
with Herby Diced Potatoes  
served with Sweetcorn

Selection of Cold Wraps   
with Pomme Noisettes  
served with Sweetcorn

## FRIDAY

Oven Baked Fish Fingers  
with Healthy Oven Chips  
served with Garden Peas  
or Baked Beans

Veggie Sausage & Gravy   
with Healthy Oven Chips  
served with Garden Peas  
or Baked Beans



# DESSERTS

## MONDAY

Fresh Fruit Salad  
Ice Cream & Mandarins  
Yogurt

## TUESDAY

Fresh Fruit Salad  
Syrup & Sultana Pudding with Custard  
Yogurt

## WEDNESDAY

Fresh Fruit Salad  
Chocolate Brownie  
Yogurt

## THURSDAY

Fresh Fruit Salad  
Butterscotch Mousse  
Yogurt

## FRIDAY

Fresh Fruit Salad  
Strawberry Fruit Jelly  
Yogurt

# AVAILABLE DAILY

Fresh Salad Bar  
Jacket Potato served with a choice of toppings  
Pasta King served with a choice of  
Meat and Vegetarian Sauces  
Fresh Fruit Salad  
Selection of Topped Yogurts  
Selection of Bread

# MAINS

## MONDAY

Hunters Chicken  
with Creamed Potatoes  
served with Garden Peas & Cauliflower

Quorn Nuggets   
with Creamed Potatoes  
served with Garden Peas & Cauliflower

## TUESDAY

Beef Bolognese  
with Wholemeal Pasta & Garlic Bread  
served with Mixed Chunky Salad

Vegetable Burger   
with Wholemeal Roll  
served with Mixed Chunky Salad  
& Sauteed Potatoes

## WEDNESDAY

Roast Gammon with Gravy,  
Yorkshire pudding & Roast Potatoes  
served with Cauliflower Florets  
and Greenbeans

Vegetable Toad in Hole   
with Roast Potatoes  
served with Cauliflower Florets  
and Greenbeans

## THURSDAY

Cheeseburger with Wholemeal Bread Roll  
with Healthy Oven Chips  
served with Garden Peas

Cheddar & Spring Onion Quiche   
and healthy Oven Chips  
served Chunky Salad & Garden Peas

## FRIDAY

Battered Haddock  
with Herby Potatoes  
served with Baked Beans  
or Spaghetti Hoops

Margarita Pizza with Herby Potatoes   
served with Baked Beans  
or Spaghetti Hoops



# DESSERTS

## MONDAY

Fresh Fruit Salad  
Vanilla Ice Cream with Fresh Fruit  
Yogurt

## TUESDAY

Fresh Fruit Salad  
Chocolate & Raspberry Pudding with Custard  
Yogurt

## WEDNESDAY

Fresh Fruit Salad  
Raspberry Bun  
Yogurt

## THURSDAY

Fresh Fruit Salad  
Fruit Jelly  
Yogurt

## FRIDAY

Fresh Fruit Salad  
Loaded Fruity Flapjack  
Yogurt

# AVAILABLE DAILY

Fresh Salad Bar  
Jacket Potato served with a choice of toppings  
Pasta King served with a choice of  
Meat and Vegetarian Sauces  
Fresh Fruit Salad  
Selection of Topped Yogurts  
Selection of Bread